# **Jamie Carlos**

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# **EDUCATION**

University of Minnesota-Twin Cities

Bachelor of Science in Biology, Minor in Leadership

Expected May 2017 G.P.A: 3.93/4.00

### **HEALTHCARE EXPERIENCE**

#### **Pediatrics Unit Volunteer**

September 2014-Present

University of Minnesota Masonic Children's Hospital

Minneapolis, MN

- Organize activities including group games, crafts, and visitations from cartoon characters
- Supervise play room and promote cooperation among patients and siblings
- Provided 100 hours of caregiving alongside nurses through interaction with isolated hospital patients and support to children

#### **Emergency Department Volunteer**

January 2014- May 2014

University of Minnesota Medical Center

Minneapolis, MN

- Developed rapport with patients through interactions and responded to immediate needs such as delivering water and blankets
- Facilitate patient comfort and safety by cleaning rooms and stocking medical supplies
- Observed nurses during patient care during a variety of situations including emergency treatments
- Discuss with nurses any immediate concerns or discomfort that patients addressed

## **Medical Scribe- Cardiology**

September 2013- January 2014

Fairview Hospital

Minneapolis, MN

- Collaborated with a variety of health professions to understand procedures and accurately describe the patient encounter
- Drafted diagnostic studies for review, communicated with physician upon completion and documented in EHR system
- Listened actively to develop a list of follow-up procedures, admission and discharge instructions
- Learned and applied knowledge of medical terminology to document about 40 patient interactions

Shadowing September 2013

Dermatology Professionals, PA

St Paul, MN

- Shadowed a Physician Assistant for 8 hours
- Viewed approximately 20 interactions with patients during examinations and throughout the explanation of the diagnosis
- Gained a greater understanding of the written and verbal communication skills needed by health professionals

## **LEADERSHIP AND CAMPUS ACTIVITIES**

#### **Active Member of Pre-Medical Scholars**

January 2014-Present

University of Minnesota-Twin Cities

Minneapolis, MN

- Engage in presentations, discussions, and book talks that require reflection and discussion from members
- Participate in volunteer activities such as serving at the soup kitchen and making blankets for the local hospitals
- Demonstrate written reflection of required activities which include courses in career exploration and graduate essay preparation, a practice interview and related volunteer work, undergraduate research, student organization and shadowing

## Fundraiser Chair of Sigma Lambda Gamma Sorority

September 2014-Present

University of Minnesota -Twin Cities Chapter

Minneapolis, MN

- Organized 3 philanthropic events to support Breast Cancer Awareness and raised \$500.00 for the Susan B. Komen Foundation
- Developed a breast cancer awareness campaign to target women of color which reached 5 dormitories and over 2,000 women
- Mentored 10 new sorority members on chapter operations and how to make a successful transition to college